

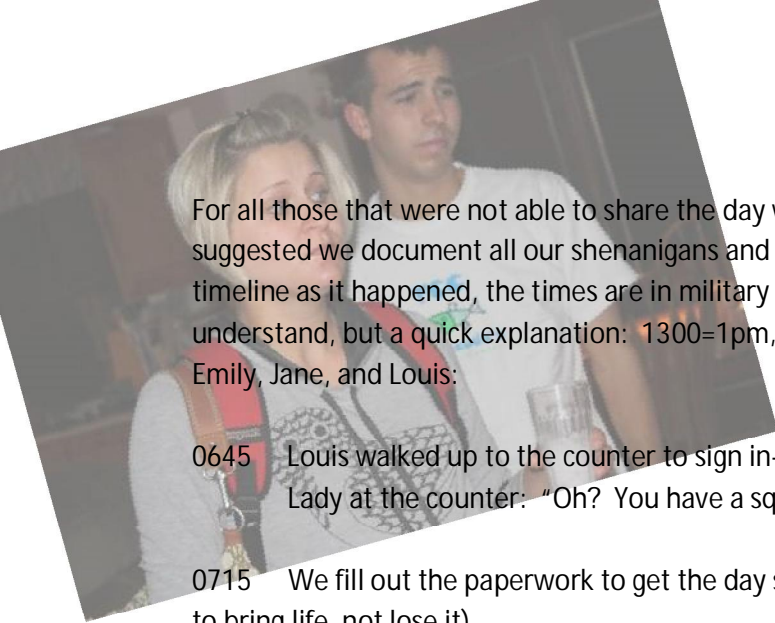
2010

The Birth of Jonathan Alexander Fernandez



Photography by Daddy

1/6/2010



For all those that were not able to share the day with us, Emily came up with a great idea. She suggested we document all our shenanigans and share them at a later date. Below is the birthing timeline as it happened, the times are in military 24 hour clock format. It really isn't that hard to understand, but a quick explanation: 1300=1pm, 1400=2pm, 1500=3pm, see the pattern? Recorded by Emily, Jane, and Louis:

0645 Louis walked up to the counter to sign in- "We're here to serve eviction papers"
Lady at the counter: "Oh? You have a squatter?"

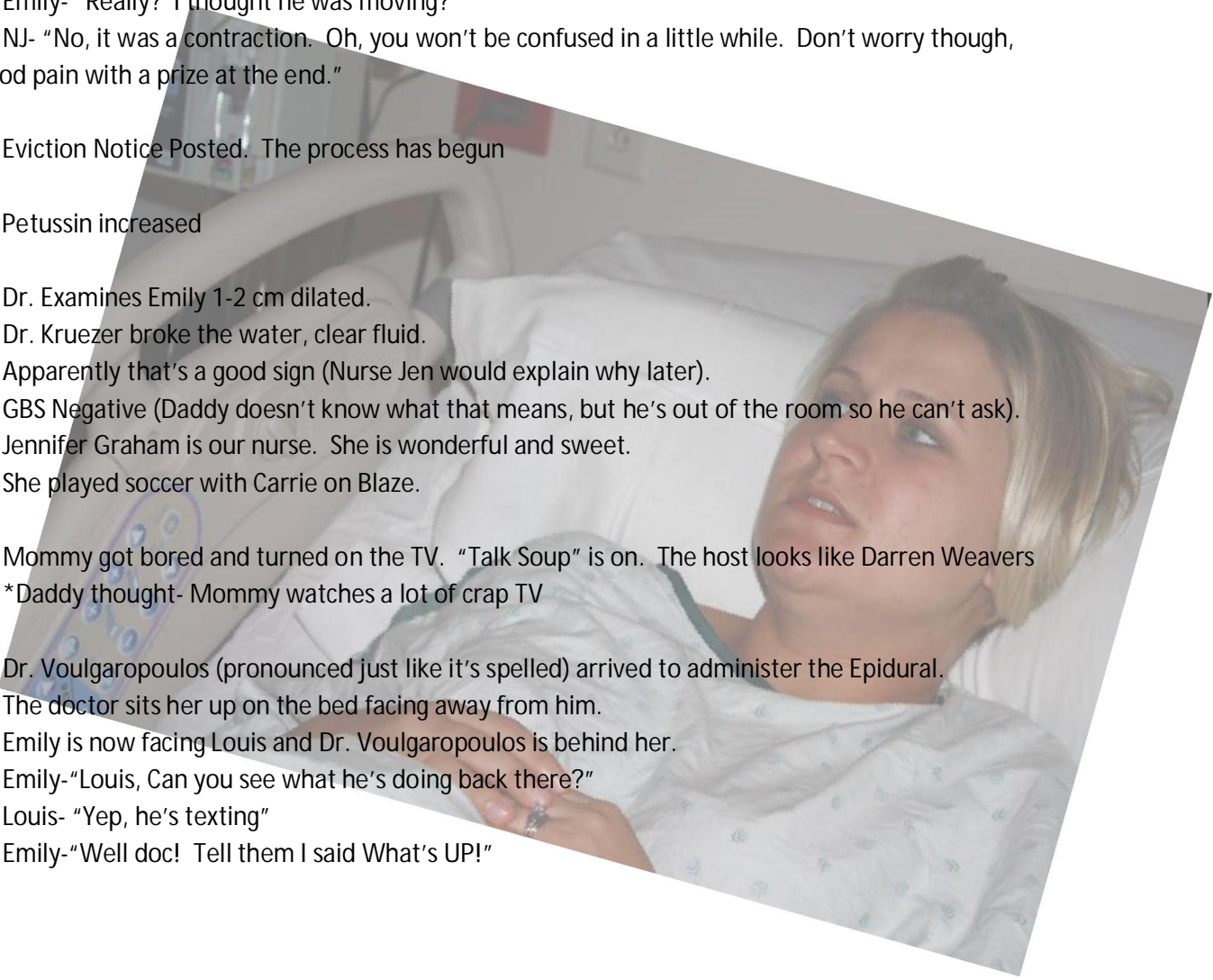
0715 We fill out the paperwork to get the day started, give back the living will documents (we're here to bring life, not lose it).

0716 Daddy gets a name tag:
Lady at the counter- " Are you the boyfriend or the husband?"
Louis-"No, I'm the donor"
*Mommy's Feeling- Daddy kind of sucks

0805 Nurse Jen- "You're ending a contraction right now."
Emily- "Really? I thought he was moving?"
NJ- "No, it was a contraction. Oh, you won't be confused in a little while. Don't worry though, it's a good pain with a prize at the end."

0825 Eviction Notice Posted. The process has begun

0845 Petussin increased



0900 Dr. Examines Emily 1-2 cm dilated.
Dr. Kruezer broke the water, clear fluid.
Apparently that's a good sign (Nurse Jen would explain why later).
GBS Negative (Daddy doesn't know what that means, but he's out of the room so he can't ask).
Jennifer Graham is our nurse. She is wonderful and sweet.
She played soccer with Carrie on Blaze.

1010 Mommy got bored and turned on the TV. "Talk Soup" is on. The host looks like Darren Weavers
*Daddy thought- Mommy watches a lot of crap TV

1115 Dr. Voulgaropoulos (pronounced just like it's spelled) arrived to administer the Epidural.
The doctor sits her up on the bed facing away from him.
Emily is now facing Louis and Dr. Voulgaropoulos is behind her.
Emily-"Louis, Can you see what he's doing back there?"
Louis- "Yep, he's texting"
Emily-"Well doc! Tell them I said What's UP!"

Dr. V- "No...I'm asking what to do next."

We proceed to help lay Emily back on the bed, she accidentally kicks Louis in his man parts that caused this whole problem. Everyone laughs, even Louis...a little.

1220 Nurse Jennifer is stepping out of the room, "I'll be right back guys."

Emily- "Cool, I'm going to stay right here if you need me."

1224 Emily pees herself laughing while Louis talks on the phone with his mom.

Can't control the nether regions so good now.

1330 9cm!! It's almost time!

Louis raises his hand. Emily, "Louis has a question."

He wanted to know how Nurse Jen could tell it was 9 cm.

No, she won't give him a glove to check, instead she goes and grabs a chart.

We take a picture with the chart



1450 Carrie, Mikki, and Jane are holding the legs. Emily gets her first lesson in pushing

Carrie- "Your belly button pops up like a timer!"

1455 Mikki- "I'd just like to say that my time was 3:27. I'm like a psychic."

*Daddy's 20/20 hindsight and tips- Don't visit any psychics that Mikki may approve of

1456 Emily is lying on the table, legs held up high. There are five of us in the room...

Emily "Is this normal for us to sit around and pretend my vaj isn't out?"

1500 The girls started talking about breast feeding.

Grandma Jane- "I can feel the nipples now!"

1507 Louis takes a seat in the corner after holding Emily's legs for a while.

"I just need to catch my breath. The fingers were a bit much"

He was talking about watching Nurse Jen's fingers spread some stuff out during the contraction.

1508 Emily- "Just when you think you know your own anatomy!"

Carrie- "Well Usually you don't have a head in your v...v...v..."

Emily- "What?...You can't say vaj now?"

Grandma Jane- "I never said that word"

Carrie- "Vajay something"

Mikki- "Vajayjay"

Nurse Jen- "Yeah Vajayjay"

Carrie- "Cooter!"

Grandma Jane grunts in disappointment

Emily- "Seriously, doing this without an Epidural...Stoopid!"



1520 Emily- "I'm ready to push...Oh! That shrimp looks good!" (the TV was on in the background)

1522 Emily- "I feel like I'm pooping"

Nurse Jen- "Nope"

Mikki- "Does that happen a lot? Do people usually poop themselves?"

Nurse Jen- "Yeah, usually. Not like a whole log, but..." Interrupted by laughter

1538 Carrie- "If I had a gold star I'd give it to you!"

Emily- "That's what she said!"

1540 Carrie- "Good job Em' he's right there"

Emily- "Really? He doesn't feel like he's right there."

Carrie- "Trust me. He is. We've met."

1541 Jane took over counting to ten for Emily. Nurse Jen is giving words of encouragement instead.

Louis- "Jane! Very Authoritative counting!"

Emily- "I just want to put some pants on."

1544 Carrie- "Here he comes to save the day!"

Emily mid-push- "Shut up"

1551 Dr. Kreuzer- "Hey! What did you do?"

1600 Baby Jonathan is here! 7 lbs 5.4 ounces, 20 inches.

Daddy guessed 4pm as baby birth time. Maybe Mikki should call me a psychic.

Welcome buddy!

-Love Dad

